Riley Hospital for Children
Indiana University Health

Happy Easter

A Guide to Easter Candy

Candy	Serving Size	Carbs
Brach's Chocolate Covered Marshmallow Bunnies	2 bunnies	15 grams
Brach's Jelly Chicks and Rabbits	4 pieces	34 grams
Bubble Gum Eggs	1 each	4 grams
Bunny Crisps	1 each	19 grams
Bunny Mix Dark Chocolate M&M's	¼ cup	29 grams
Butterfinger Nest Eggs	5 eggs	29 grams
Cadbury Caramel Egg	1 egg	22 grams
Cadbury Crème Egg	1 egg	24 grams
Cadbury Mini Eggs	12 eggs	28 grams
Crunch Nest Eggs	5 eggs	25 grams
Edible Basket Grass	1 ounce	25 grams
Hershey's Bliss Eggs with Meltaway Center	5 pieces	22 grams
Hershey's Candy Coated Eggs	8 eggs	27 grams
Hershey's Extra Creamy Eggs	7 eggs	23 grams
Hershey's Milk Chocolate Eggs	7 eggs	24 grams
Jelly Beans, Brach's Jelly Bird Eggs	14 pieces	37 grams
Starburst Egg	1 egg	47 grams
Starburst	¼ cup	37 grams
Sourpatch Kids	40 pieces	34 grams
Marshmallows, bunny	15 each	24 grams
Marshmallows, jumbo egg	2 each	21 grams
Nestlé Caramel Nest Eggs	5 eggs	26 grams
Pastel Candy Corn	20 pieces	36 grams
Peeps Bunnies	2 bunnies	11 grams
Peeps Chicks	2 chicks	14 grams
Peeps milk chocolate covered chick	1 chick	20 grams
Peeps, chocolate dipped	1 chick	11 grams
Peepsters	5 each	22 grams
Reese's Egg	1 each	18 grams
Reese's Egg, Mini (snack size)	1 each	9 grams
Reese's Egg, White Chocolate	1 each	17 grams
Reese's Pieces Pastel Eggs	12 eggs	24 grams
Reester Bunny, mini	4 bunnies	23 grams
Robin Eggs	8 eggs	33 grams
Skittles Egg	1 egg	51 grams
Sweet Tart Bunnies	4 bunnies	13 grams
Whopper Eggs	6 eggs	15 grams

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