

Care and Cleaning of Inhalers

Inhaler medications tend to be sticky so inhalers can clog. Please follow the guidelines below for inhaler care and cleaning. Make sure you use the right cleaning method for each of your inhalers.

Priming (Preparing for use): To prime the inhaler, shake it 5 seconds and spray into the air away from face and eyes. **Shake before each spray.**

Medication	Number of Sprays to Prime	When to Prime
ProAir RespiClick	None	No priming needed
Proventil	4 sprays	before first use and if not used in 14 days
Ventolin	4 sprays	before first use, if dropped and if not used in 14 days
	1 spray	after each weekly washing
Xopenex	4 sprays	before first use and if not used in 3 days
Advair HFA (not diskus)	4 sprays	before first use and if not used in 4 weeks
	1 spray	If inhaler has been dropped
AirDuo RespiClick	None	No priming needed
Alvesco	3 sprays	before first use and if not used in 10 days
Arnuity Ellipta	None	No priming needed
Asmanex HFA	4 sprays	before first use and if not used in 5 days
Asmanex Twisthaler		No priming needed
Breyna	2 puffs	Before first use and if not used in 7 days
Dulera	4 sprays	before first use and if not used in 5 days
Fluticasone Propionate HFA	4 sprays	before first use and if not used in 7 days
	1 spray	If inhaler has been dropped
Pulmicort Flexhaler	Hold upright, turn brown grip to right then left, repeat	before first use only
QVAR Redihaler	None	No priming needed
Spiriva Respimat	4 separate mists	Before first use only
Symbicort	2 sprays	before first use, if dropped or if not used in 7 days

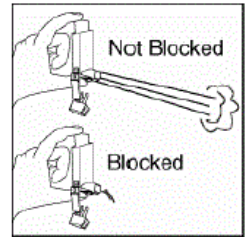


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Cleaning: Clean inhalers weekly to keep the inhaler from getting blocked.



Medication

How to Clean

<p>Proventil Ventolin Xopenex</p>	<p>Remove cap and metal canister. DO NOT clean metal canister. Wash plastic mouthpiece under warm water for 30 seconds. Let mouthpiece air dry overnight</p>	
<p>Advair diskus/Wixela AirDuo RespiClick Alvesco Arnuity Ellipta Asmanex (both kinds) Breyna Dulera QVAR RediHaler Pulmicort Flexhaler ProAir RespiClick Spiriva Respimat Symbicort</p>	<p>Use a dry tissue to clean the mouthpiece</p>	
<p>Advair HFA</p>	<p>Use a dry cotton swab to clean the small circular opening in the mouthpiece. (See picture) Then use a damp tissue to wipe the inside of the mouthpiece.</p>	
<p>Fluticasone Propionate HFA</p>	<p>Use a damp cotton swab to clean the small circular opening in the mouthpiece twice. (See picture). Then use a damp tissue to wipe the inside of the mouthpiece. Allow the mouthpiece to dry overnight before replacing the cap.</p>	

Storage:

For best effect, store and use inhalers at room temperature.
Avoid exposure to extreme heat and cold such as direct sunlight and freezing temperatures.
Do not use or store inhalers near heat or open flame.

Additional instructions:

- Breyna** Discard 3 months after removal from foil pouch even if not empty
- Symbicort** Discard 3 months after removal from foil pouch even if not empty
- Ventolin** Discard 6 months after removing from foil pouch even if not empty



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