

Psychosocial services for patients and families admitted to the Riley Heart Center

Our inpatient Heart Center/CVICU offers a range of services to support the emotional, social and spiritual well-being of patients and their families during hospital admissions. The cardiology, cardiac intensive care or cardiac neonatology teams may recommend specific psychosocial services for your child/family. Your family can also ask for specific psychosocial services by talking to your child's medical team, bedside nurse or medical social worker.



Art Therapy: provides mental health counseling through creative experiences that promote emotional health and physical healing. Combining psychotherapy and artmaking, they serve patients (3 years and older) and caregivers through individual and group therapy sessions.



Pediatric Cardiac Psychology: assesses the emotional, behavioral, social and neurocognitive needs of heart patients of all ages; and provides psychotherapy services to patients and family members to support coping with the patient's hospitalization.



Certified Child Life Specialist Service: promotes and protects the emotional safety of children and families in times of duress. This minimizes both the immediate and long-term effects of stress, anxiety and psychosocial trauma, ultimately empowering children, families and their support systems.



Psychiatry Consultation Liaison Service: works with the Cardiology teams to manage a patient's psychiatric medication needs while in the hospital; and address delirium, agitation, developmental disorders, mental health conditions or other behavioral symptoms related to health changes.



Dance/Movement Therapy: are trained in both movement interventions and psychology to facilitate emotional and physical expression and healing with patients 2 years and older, families and groups.



School Program: helps patients enrolled in Kindergarten through 12th grade and their families by providing school support while the patient is in the hospital and as the patient transitions back to school.



Medical Social Work – available 24/7: assesses the psychological and social needs of patients and families, helps patients and their families navigate the healthcare system, provides emotional support during difficult times and works with families and the medical team to prepare patients for a safe and successful discharge home.



Spiritual Care & Chaplaincy Service – available 24/7: offers spiritual and emotional support to patients and families, focusing on one's connection with self, others or a higher power.



Music Therapy: uses music as a powerful tool to help patients of all ages achieve healthcare goals and support emotional well-being throughout hospitalization.



Therapeutic Recreation: helps patients ages 6 months through adulthood move, think and feel better through recreational/leisure activities.



Riley Children's Health
Indiana University Health

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